



Cainscross Town Council
Cashes Green and Ebley

Fourwards Digital

The Bike Pump Track - Victory Park

We are thrilled to announce the rebuild of the bike pump track has been scheduled to start on Monday 27th January. This has been made possible by you – our fabulous community – hitting and then smashing our Crowdfunder campaign target. What an awesome demonstration of community support and effort! It has touched us all at the council, and we can't wait to get the new track built and used by a community which has played such a crucial part in making it happen. You deserve it!

We offer another big thank you to everyone who donated to the campaign, who gave us rewards to encourage people to donate, who shared the campaign details or who simply spoke kindly about the project and helped spread the word. You all played a part – thank you!

And we have another exciting announcement! A grant application made some time before our Crowdfunder campaign has also been successful. This new grant is from Enovert Community Trust and comes from landfill tax credits. We know how fierce competition is for these limited funds, so we are thrilled our application was successful. The track will now have all the features and landscaping we want.

And we'd like to again thank our other grant funders - and remind you of them: Gloucestershire Community Foundation, Gloucestershire County Council's Build Back Better Councillor Fund, Renishaw plc, Sport England, The Community Infrastructure Levy, Tesco and Co-op.

Special thanks also go to the family and friends of North Vernon-White for a donation in his memory and to Louie Gibbons for instigating the non-uniform day at Archway School.

This is what we expect the track will look like. It will consist of two parts - a jump line with start mound and return line along with a separate pump track suitable for all ages and abilities. The design makes best use of the available space and will sit comfortably in the landscape. We are excited to see it take shape!

We'll update you as things progress – so please, watch this space!



An audience with Father Christmas



On a crisp Saturday at the very end of November we were excited to welcome Father Christmas to The Pavilion in the Park. An Audience with Father Christmas brought children and families from the parish together to meet this very important man in the run up to his busiest time of year. They listened to his stories about how his elves keep track of which children should go on the good and not so good lists. They laughed as he told of his reindeers' liking for sprouts and the unfortunate odours they produce after eating them and when flying his sleigh! And they imagined him at home in his slippers on Christmas Day, eating his Christmas lunch and having a rest after delivering presents around the world. Father Christmas also answered questions – some of them quite difficult to answer! But we cannot tell you here what was asked, or what his answers were. Father Christmas made all the grown-ups sign a Non-Disclosure Agreement! But as we'd like him back next year, we were very happy to sign them!

Elm Road Playground -

While delivering the new bike pump track has taken a huge amount of our time and attention, we have not forgotten the playground at Elm Road Playing Fields is in need of replacing and users have been waiting some time for this to happen.

We are still in the process of completing tender documents to go on the government portal for contractors to bid on. This has proved to be a more complicated and time-consuming process than anticipated, but we are not too far off from getting these documents ready.

There will then be a period of four to six weeks to accept bids and design schemes from contractors and to clarify what each is offering before making the decision on who will be awarded the contract. We already have the budget put aside (£45,000) so as soon as a contractor is chosen, we can schedule the work to begin.

All being well, Elm Road should have its new playground in the spring. Thank you for your patience.

Ashway Court Playground -

As soon as the Elm Road contract is in hand we will start working on the renovation of the playground at Ashway Court, Cainscross.



Ongoing issues with fly tipping in open spaces...

Tipping a mattress, electrical items or a bin bag full of rubbish in the street or in an open space causes a nuisance and makes an area look ugly and run down. Uncontrolled illegal waste disposal can be hazardous to the public, especially if it contains toxic material or asbestos. There could be a risk of damage to watercourses and soil quality from dumped waste.

In 2016/17 more than one million incidences of fly-tipping were dealt with by councils in England. The estimated cost of clearing up this waste was over £58 million. Fly-tipping is a criminal offence for which you can be prosecuted. *Source (keepbritaintidy.org)*

Cainscross Town Council are no exception to this, and although we mostly see fly tipping on a smaller scale, it can be unpleasant for the people involved - particularly our park rangers! Rubbish collections are scheduled for every household, and bins are provided - information can be found on the [Stroud District Council website](#).





WHATS ON AT THE PAVILION

IN VICTORY PARK

COMMUNITY CAFE - LAST WEDNESDAY OF THE MONTH
@ 12.30PM ONWARDS

AFTERNOON QUIZ - EVERY 3RD THURSDAY OF THE MONTH @ 1.30PM
ONWARDS

FREE YOGA - EVERY 1ST MONDAY OF THE MONTH (EXCEPT BANK HOLIDAY)
@ 9.30-10.30AM

BOOK SWAP - EVERY TUESDAY @ 9AM-12PM

MINDSONG, SING 2 REMEMBER - EVERY FIRST AND THIRD TUESDAY
@ 10.30-12PM

TODDLER AND BABY MORNING - EVERY MONDAY (APART FROM 1ST
MONDAY OF THE MONTH) @ 9.30-11AM

PARKINSONS UK GROUP - EVERY 2ND TUESDAY OF THE MONTH
@ 1.30-3PM

KNIT AND NATTER - EVERY MONDAY @ 1.30-3PM
(STARTING 18TH MARCH)

WE NEED VOLUNTEERS TO LEAD THE COMMUNITY CAFE -
PLEASE CONTACT US ON 01453756036 OR EMAIL EMILY -
ASSISTANTCLERK@CAINSCROSS-PC.GOV.UK

Better Housing Better Health

The Warmth & Wellbeing Service



HOME ENERGY ADVICE

If you're worried about paying your energy bills, want to know how to make your home warmer or need advice on accessing financial support, Better Housing Better Health are here to help. We're a charity working locally to improve residents' domestic warmth and wellbeing and improve the energy efficiency of your property.

BETTER HOUSING BETTER HEALTH CAN HELP WITH:

**ENERGY BILL
SUPPORT**

**HOME
ENERGY
VISITS**

**FINANCIAL
ASSISTANCE**

**PRIORITY
SERVICES
REGISTER**



GET IN TOUCH
0800 107 0044

www.bhbh.org.uk

QUIZ!

*Test your general knowledge with this
fun quiz:*

1. Which ball game is played on the largest pitch?
2. Which is the second largest planet in our Solar System?
3. According to the 1963 song lyrics where was Gene Pitney only 24 hours from?
4. Which Womble shares its name with a South American river?
5. Which of the 4 Beatles was the eldest?
6. By what name was Sri Lanka called before its name changed in 1972?
7. Which actor played both Perry Mason and Chief Ironside on TV?
8. Which variety of beans are used to make Baked Beans?
9. Which Gloucestershire landmark appears on the inside cover of British passports?
10. In which US State is Las Vegas?
11. Who according to Roman Mythology was the Roman God of Wine?
12. In which year was the breathalyser first introduced in UK?

(Check your answers on the back page)

THE CAINSCROSS WALKS AND TREE SPOTTERS GUIDE

Councillors are currently in the process of producing a set of 4 free colour leaflets of local walks with links to online support and resources for tree spotters who happen to find themselves in Cainscross. If this interests you then please read on, as we would very much welcome your views and comments.

Whilst we would be delighted to receive comments from experts, such as the Arboricultural Association, it would be wonderful to receive comments from aspiring tree spotters too. Your views matter to us!

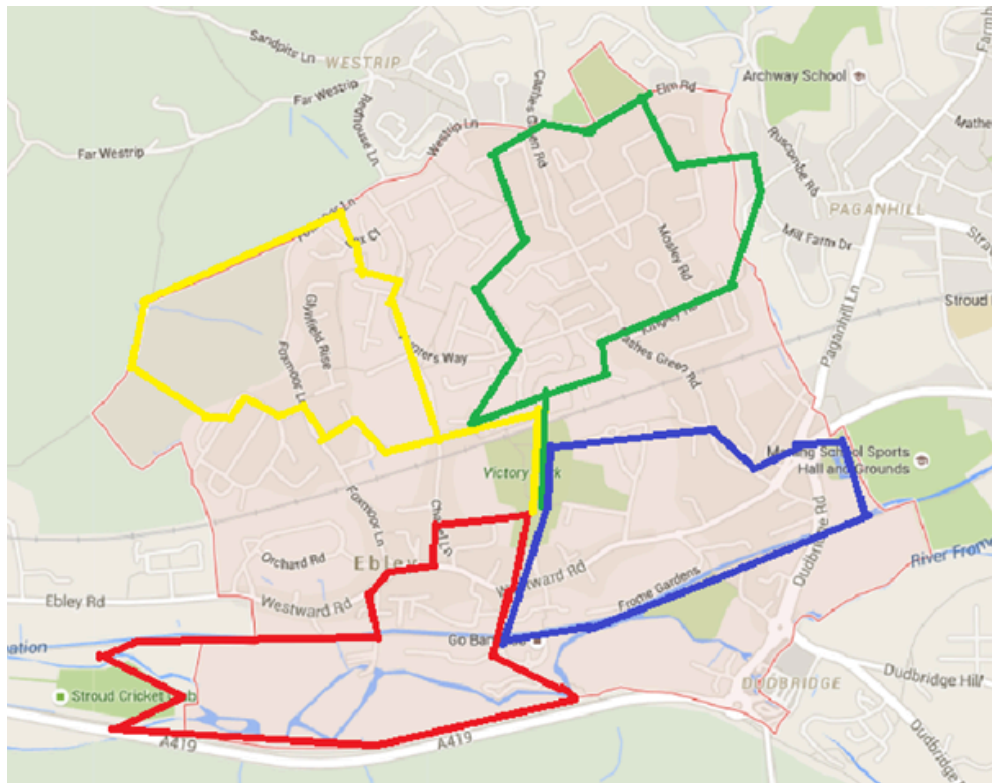
The plan, includes four walks in the parish, one for each of the four wards of Cainscross Town Council: **Ebley, Cashes Green West, Cashes Green East and Cainscross**. The brochure will provide a coloured map with each walk identified by a different colour: red, yellow, green and blue (as picture below).

Brief guides to each walk and a challenge for you to identify trees that you might encounter on the walks will also be included. We are fortunate to have some wonderful trees in our parish and surrounding areas - you will be able to view, review or simply just enjoy being with them.

We are still designing the brochure and would welcome suggestions, especially some artwork which might appear on the front and rear panels. If you should wish us to consider your creations for inclusion in the brochure or on our website then please contact Cainscross Town Council staff and we will happy to help. Our emblem is a kingfisher - so perhaps it would be nice to see that, and of course we need to encourage walkers and tree spotters too.

We don't demand that everyone is a 'tree spotter' who follows the guides and walks - the walks will be open to one and all.

Sadly, we have yet to identify routes which are wheelchair accessible so if you would like to help us do so then please get in touch. - **Councillor Gavin Lindsay**



Quiz Answers: 1 - Polo, 2 - Saturn, 3 - Tulsa, 4 - Orinoco, 5 - Ringo Starr, 6 - Ceylon, 7 - Raymond Burr, 8 - Haricot Beans, 9 - Arlington Row, Bibury, 10 - Nevada, 11 - Bacchus, 12 - 1967.