



CASHES GREEN EAST & WEST, CAINSCROSS & EBLEY

# Fourwards

Autumn  
2024



## Crowdfunder campaign to renew bike track

Cainscross Town Council has launched a [Crowdfunder campaign](#) to renew its bike pump track at Victory Park.

The Clerk, Jeni, says, "This much-loved track has been in existence since the 1980s but is now coming to the end of its useful life. We have been fundraising, but we need another £10,000 to renew the track.

Sport England has offered us £5,000 if we can first raise £5,000 ourselves on the Crowdfunder platform. Our [Crowdfunder campaign](#) has started and will end on 15th December – so we need to hit our target by then.

Community response so far has been fantastic – but we still have a long way to go. By using the [link](#) to our Crowdfunder page you can read more about the project, make a pledge and perhaps claim one of the fantastic rewards supplied, very kindly by some of our local businesses.

For example, a pledge of just £10 will enter you into a draw to win a VIP tour of Snow Business for up to six people – Snow Business is the world leader in snow and winter effects for film and television and is not usually open to the public. Other fantastic rewards come from Fiorella, In Stitches, Woody's, The Barber Box, Sainsbury's, Tesco, Majestic Wine, Stonehouse Holistic & Medical Clinic and Chris Handbury School of Qigong. Rewards from the council include private hall hire for Pavilion in the Park and the chance for your four-legged friend to become a Pavilion Pup with its photo in our pavilion and on our website."

Please make a pledge by following this link - <https://www.crowdfunder.co.uk/p/victory-park-bike-track-improvements>

Cainscross Town Council • [www.cainscross-pc.gov.uk](http://www.cainscross-pc.gov.uk) • Email: [assistantclerk@cainscross-pc.gov.uk](mailto:assistantclerk@cainscross-pc.gov.uk)  
Pavilion in the Park, Cainscross (Office open 9am-3pm Mon-Thurs and 9am-12pm Fri) • 01453 756036

# THE CAINSCROSS WALKS AND TREE SPOTTERS GUIDE

Councillors are currently in the process of producing a free coloured brochure with links to online support and resources for tree spotters who happen to find themselves in Cainscross. If this interests you then please read on as we would very much welcome your views and comments. Whilst we would be delighted to receive comments from experts, such as the Arboricultural Association, it would be wonderful to receive comments from aspiring tree spotters too. Your views matter!

The plan, includes four walks in the parish, one for each of the four wards of Cainscross Town Council: **Ebley, Cashes Green West, Cashes Green East and Cainscross**. The brochure will provide a coloured map with each walk identified by a different colour: red, yellow, green and blue (see picture below).

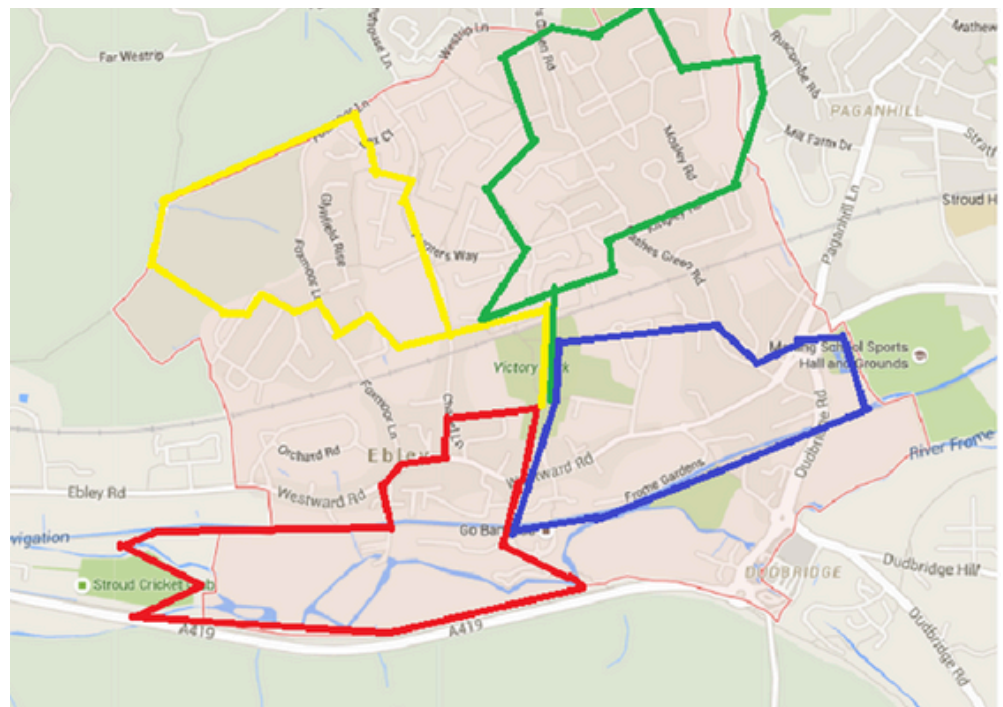
Brief guides to each walk and a challenge for you to identify trees that you might encounter on the walks will also be included. We are fortunate to have some wonderful trees in our parish and surrounding areas - you will be able to view, review or simply just enjoy being with them.

We are still designing the brochure and would welcome suggestions, especially some artwork which might appear on the front and rear panels. If you should wish us to consider your creations for inclusion in the brochure or on our website then please contact Cainscross Town Council staff and we will happy to help.

Our emblem is a kingfisher and so perhaps it would be nice to see that, and of course we need to encourage walkers and tree spotters too.

We don't demand that everyone is a 'tree spotter' who follows the guides and walks - the walks will be open to one and all.

Sadly, we have yet to identify routes which are wheelchair accessible so if you would like to help us do so then please get in touch. - **Councillor Gavin Lindsay**



# GALLIPOLI, EBLEY AND 'ALL THE KINGS MEN'



On 12 August 1915, 2nd lieutenant Montagu Barclay Granville Proctor Beauchamp aged 22 years, was killed in action at Gallipoli. He was the eldest son of the Rev Sir Montagu H Proctor Beauchamp and Lady Proctor Beauchamp (nee Barclay) of Ebley Court. Montagu was serving in Turkey alongside his uncle, the sixth Baronet Horace George Proctor Beauchamp, a lieutenant-colonel in the 5th Norfolk (Territorial) Battalion.

On Remembrance Sunday in 1999 a BBC feature length drama, 'All The King's Men', based on a book by Nigel McCery was aired. It traced the formation and fate of E Company of the 5th Norfolk (Territorial) Battalion. All the men in E Company worked on the Sandringham Estate in Norfolk. It was a voluntary, territorial company formed in 1906 by King Edward VII who asked his estate manager, Frank Beck, to recruit the men and act as their leader.

When WW1 started the Sandringhams (E Company) were mobilised with all the other companies of the Norfolk Regimental (Territorial) Force. E Company was amalgamated into the 5th Norfolk (Territorial) Battalion. In 1915 they set sail from Liverpool for Turkey. Despite being aged 54 years and the King urging him not to go; Captain Frank Beck accompanied his men. The Battalion landed at Suvla Bay, Gallipoli on 10 August 1915 and stepped into a living hell. It was freezing cold at night and boiling hot in the day. Snipers were everywhere, disease and mosquitoes were in abundance.

On 12 August the 5th Battalion (which included the Sandringhams) led by Colonel Proctor Beauchamp were ordered to advance against a determined, well-positioned enemy, in broad daylight and with little cover. Captain Frank Beck was at the head of the Sandringhams. As they all moved forward the men were cut down by snipers, shells and machine gun fire. It is believed that Colonel Beauchamp and his men advanced a little ahead of the British line into a wood. Later Colonel Proctor Beauchamp was spotted with another officer in a farm on the far side of a wood. He is reputed to have shouted to his troops 'We've got the village lets hold it'. That was the last anyone heard of Colonel Proctor Beauchamp, his nephew Montagu, Captain Frank Beck, the 5th Norfolk Battalion and the Sandringhams. They simply vanished.

At the end of the war the War Graves Commission searched the Gallipoli battlefields, and 180 corpses were found near the ruins of a small farm, 122 bodies had shoulder flashes of the 5th Norfolk Battalion. During WW1 the Turks were reluctant to take prisoners. The Sandringham men who had worked together had died together. They are remembered on the Helles Memorial in Turkey.

On 14 October 1915 another Ebley family was bereaved. Their son, Edgar Vernon Pearson of the Gloucestershire Regiment died of typhoid after being evacuated to The Red Cross Hospital in Cairo. The Gallipoli Campaign ended on 9th January 1916. It had been a disaster and a major defeat for the British Army - **Crystal Harrison, Local Resident**



AN AUDIENCE WITH

# *Father Christmas*

Local little ones and their big people are invited to meet Father Christmas



Story - Question time - Christmas Gifts - Nibbles

Each audience lasts around 50 minutes with start times:

10am, 11.15am, 12.45pm and 2pm

You **MUST** book in advance on 01453 756036 or at The Pavilion in The Park.

This is a **FREE EVENT** run by Cainscross Town Council but we are raising funds for our Bike Pump Project - so, if you can, please do make a donation to the campaign via the QR code...



## Why should you report anti-social behaviour directly to the police?

Sadly this year we have seen an increased amount of anti-social behaviour and criminal damage in our open spaces. We have been working hard in the background to try and combat the problems as best we can, and although we very much encourage residents and park users to report incidents and damages to us, we also ask that you report it directly to the police. Why? As the victim or as someone who has experienced the problem first hand, you are able to relay the issue in real time or much more accurately, this can help build more of a case for police investigations. More detailed and accurate Police records help us and the Community Policing team to build a clear picture of hot spots in the community and therefore opens the opportunity for planned regular patrols or more successful campaigns for funded CCTV in the area.



Reporting a police non-emergency?  
Report it Online

Click. Call. Connect.

www.gloucestershire.police.uk

## Report and view local issues

(like footpaths, hedges, or street lighting)

1. How to report a problem to Gloucestershire County Council.
2. Go to [fixmystreet.gloucestershire.gov.uk](http://fixmystreet.gloucestershire.gov.uk)
3. Enter a Gloucestershire postcode, or street name and area.
4. Locate the problem on a map of the area.
5. Enter details of the problem.
6. Confirm the report and Gloucestershire County Council will investigate.



## QUIZ

### Round 1: Christmas Traditions

In which country did the tradition of the Christmas tree originate?

What is the name of the Jewish festival that usually falls in December?

Which beverage is often associated with the Christmas season and can be made with egg yolks, sugar, milk, and cream?

### Round 2: Christmas Movies

In the movie "Home Alone," where are the McCallisters going on vacation when they leave Kevin behind?

What is the name of the Grinch's dog in "How the Grinch Stole Christmas"?

In "A Christmas Carol," who is the main character visited by three ghosts?

### Round 3: Christmas Music

Which song begins with the lyrics "Dashing through the snow"?

Who wrote the famous Christmas song "White Christmas"?

What is the name of the popular Christmas carol that starts with "O Holy Night"?

### Round 4: Christmas Foods

What is a common dish served in the UK during Christmas dinner?

In which country is "Panettone," a type of sweet bread loaf, a traditional Christmas dessert?

Which fruit is traditionally associated with Christmas stockings?

### Bonus Round: Fun Facts

What is the highest-grossing Christmas movie of all time?

In what year was the first Christmas card sent?



# Church Services

## St Matthews Church

### Sunday Services & Meetings

- 1st Sunday - 9.30am Holy Communion
- 2nd Sunday 9.30 am & café church in the Hall
- 3rd Sunday - 9.30am Family worship
- 4th Sunday 9.30am - Lay led service of the word

### Our mid-week meetings and occasional events :

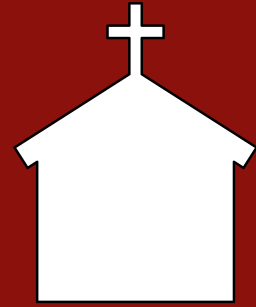
- Wednesdays - 10.30 am cuppa with prayer – in the Lady Chapel
- 2nd & 4th Thursdays - 7.30 pm St Matthew's home group – in the hall
- Our next coffee morning in the hall
- In term times the youth group Engine Room meet in our hall from 6.00 – 7.30 pm on a Sunday

## Ebley Chapel

- 10.30am morning service - children - JAM club (Jesus and Me)
- Starting Easter we will praise the Lord "Outside the Walls", every week, either 3pm at The Wharf or 6pm outside Ebley Chapel. Join us and join in!
- "Sew and Sow" is held monthly at the chapel
- First Monday of each month, enjoy a walk and a coffee together 10:30am at the chapel
- Every Wednesday, prayer at 7.00pm

Keep an eye on the notice board for details!

Refreshments are available after the morning service. For further details please ring Clive Dale on 07785543351



# WHATS ON AT THE PAVILION

## IN VICTORY PARK

**COMMUNITY CAFE** - LAST WEDNESDAY OF THE MONTH  
@ 12.30PM ONWARDS

**AFTERNOON QUIZ** - EVERY 3RD THURSDAY OF THE MONTH @ 1.30PM ONWARDS

**FREE YOGA** - EVERY 1ST MONDAY OF THE MONTH (EXCEPT BANK HOLIDAY)  
@ 9.30-10.30AM

**BOOK SWAP** - EVERY TUESDAY @ 9AM-12PM

**MINDSONG, SING 2 REMEMBER** - EVERY FIRST AND THIRD TUESDAY  
@ 10.30-12PM

**TODDLER AND BABY MORNING** - EVERY MONDAY (APART FROM 1ST MONDAY  
OF THE MONTH) @ 9.30-11AM

**PARKINSONS UK GROUP** - EVERY 2ND TUESDAY OF THE MONTH  
@ 1.30-3PM

**KNIT AND NATTER** - EVERY MONDAY @ 1.30-3PM  
(STARTING 18TH MARCH)

**WI** - BRIMSCOMBE AND THRUPP - EVERY 2ND TUESDAY OF THE MONTH @ 7PM

**WE NEED VOLUNTEERS TO LEAD THE COMMUNITY CAFE** -  
PLEASE CONTACT US ON 01453756036 OR EMAIL EMILY -  
ASSISTANTCLERK@CAINSCROSS-PC.GOV.UK



St. Matthew's Church Hall,  
Church Road, Cainscross, Stroud GL5 4LH

Tel: 01453 756057

[www.st-matthewsplaygroup.co.uk](http://www.st-matthewsplaygroup.co.uk)

OFSTED reg no.101674

### Quiz Answers

• Germany • Hanukkah • Eggnog • Paris • Max • Ebenezer Scrooge • Jingle Bells • Irving Berlin • O Holy Night • Roast turkey • Italy • Orange • Home Alone • 1843

# Butternut Squash Soup

 4 servings  Prep: 15 mins  
Cook: 50 mins

## INGREDIENTS

- 1 [butternut squash](#), about 1kg, peeled and deseeded
- 2 tbsp [olive oil](#)
- 1 tbsp [butter](#)
- 2 [onions](#), diced
- 1 [garlic clove](#), thinly sliced
- 2 [mild red chillies](#), deseeded and finely chopped
- 850ml hot vegetable stock
- 4 [tbsp crème fraîche](#), plus more to serve

## TIP

### USE A SOUP MAKER

Save time and effort by placing all your ingredients in a soup maker and whizzing up a delicious soup in no time.

## Method

### STEP 1

Heat the oven to 200C/180C fan/gas 6.

### STEP 2

Cut the squash into large cubes, about 4cm/1½in across, then toss in a large roasting tin with 1 tbsp of the olive oil.

### STEP 3

Roast for 30 mins, turning once during cooking, until golden and soft.

### STEP 4

While the butternut squash cooks, melt the butter with the remaining 1 tbsp olive oil in a large saucepan, then add the onions, garlic clove and three-quarters of the chillies.

### STEP 5

Cover and cook on a very low heat for 15-20 mins until the onions are completely soft.

### STEP 6

Tip the butternut squash into the pan, add the stock and crème fraîche, then whizz with a stick blender until smooth. For a really silky soup, put the soup into a liquidiser and blitz it in batches.

### STEP 7

Return to the pan, gently reheat, then season to taste. Serve the soup in bowls with swirls of crème fraîche and a scattering of the remaining chopped chilli.



**Services :**

- ✓ 1st & 2nd fix
- ✓ Kitchen Installation
- ✓ Bespoke Furniture/Storage
- ✓ Roofing
- ✓ Loft Conversions
- ✓ New Builds
- ✓ Renovations
- ✓ Residential
- ✓ Industrial

**Contact :**

 07814901892

 [www.hjm-carpentry.co.uk](http://www.hjm-carpentry.co.uk)

 [Hjmcarpentry.const@gmail.com](mailto:Hjmcarpentry.const@gmail.com)



## Annie's Gardening

An extra pair of helping hands when your garden needs some regular T.L.C.

- General Gardening Services
- Beds and Borders Services
- RHS level 2

07899 958436

Email: [anniesgardening2@gmail.com](mailto:anniesgardening2@gmail.com)  
Website: [www.anniesgardening.co.uk](http://www.anniesgardening.co.uk)



Scan here and follow us on Facebook, for day to day updates of things happening in the Parish.

If you would like to subscribe to receive our digital newsletter via email along with frequent updates about what's happening in the parish - please email - [admin@cainscross-pc.gov.uk](mailto:admin@cainscross-pc.gov.uk)

### Fourwards Digital - Advertising Charges

- A5 advert - £50 per issue (£80 for two)
- A6 advert - £25 per issue (£40 for two)
- A7 advert - £12.50 per issue (£20 for two)

If you would like to have an advert in our quarterly DIGITAL newsletter please contact Emily at [assistantclerk@cainscross-pc.gov.uk](mailto:assistantclerk@cainscross-pc.gov.uk)